There is nothing like a stay at home order to create a panicked scramble to quickly learn the art of cooking. As someone who loves eating but burns toast, it has definitely encouraged phone calls home to glean what I could from my mom’s expertise. However, restaurants are not closed and ordering take out or delivery is a good way to continue to support our local businesses if you are financially able.

Several of these restaurants are: 843 Korean BBQ (North Charleston), Ali Baba Mediterranean Deli (Daniel Island), Amalfi’s Italian Restaurant & Pizzeria (Mount Pleasant), Angel Oak Restaurant (Johns Island), Betty Lou’s Bistro (Charleston), Bohemian Bull (Charleston), Broom Wagon Coffee (Charleston), Carmen y Juan’s (Mount Pleasant), Charles Towne Fermentory (Charleston), Dog and Duck (Summerville), Come Back Shack (North Charleston), Martha Lou’s Kitchen (Charleston), East Side Soul Food (Charleston), Bertha’s Kitchen (Charleston).

For more check out Yelp.

If you are in need you can search for food distribution centers here.

For any questions on the safety of eating out click here.
Always Essential: Profiles In Color

THE E.S.S.E.N.T.I.A.L.S.

Diving Into Diversity

One way to enjoy diving into diversity is to listen to musical collaborations that blend genres. Lil Nas and Billy Ray Cyrus are two recent collaborators that warmed our ears and challenged our feet to two step or dougie to the Hip Hop and Country song “Old Town Road”.

Almost twenty years ago Pavarotti and James Brown brought down the house with a smooth and soulful rendition of “It’s A Man’s World”. Collaborations from some of our favorite artists are not only fun to hear, but they also give us a glimpse into culture and diversity.

All people are shaped and influenced by their environment, and musical artists are no different. Finding rare collaborations from musicians that explore different genres provide a rhythmic example of diversity: each musical artist owns his/her place, unapologetically embraces an identity, finds comfort in communicating, and ultimately they work as a unit to make music. Diving into diversity is more than memorizing terms, it’s about living and putting it to action. Find some fun musical collaborations, turn it up, bob your head, tap your feet, and let the lessons flow.
No Stress Connection

VIRTUAL CIVIC ENGAGEMENT MADE EASY

In times of crisis, it’s second nature for communities to pull together, and while social distancing has made that challenging, there’s still ways to engage civically during this time.

If you’re feeling generous, make a contribution to a local charity. Organizations in need include the Junior League of Charleston's Diaper Bank, the Lowcountry Food Bank and the Lowcountry Chapter of the American Red Cross.

If you’re feeling crafty, check out this guide to learn how create masks for members of our medical community working hard to keep us safe.

Though field operations for the 2020 Census are on hold you can still be counted. Primary reasons your completion matters are: fair distribution of resources, redistricting of voting lines, fund distribution in your community and...it’s your civic duty!

Click here to take the Census today.

Inside Rural America

A TRIBUTE TO RURAL LIFE

We’re all adjusting to a form of living that requires us to slow down and appreciate the distance. But for many around the world, this is a lifestyle. Rural life is a little slower with wide-open spaces, fire pits, and the humming sounds of nature all around you. So, to pay homage to the diversity of these spaces I’ve created an eclectic playlist of songs with some international flavor to salute rural life. Starting with the unfiltered dub sounds from Jamaican rural parishes to the simple whispers of the Xiao flute from the fields of Asia, you’ll be taken on a journey of sound waves around the world to appreciate the simplicity and sometimes complex beauty of rural spaces. I hope you enjoy it and consider listening to it as you work from home or as a brain break.

PLAYLIST HERE
Just because we’ve moved into E-Learning doesn’t mean that CofC’s resources have stopped! Below are a couple of things that you still have access to!

You can still pick up materials from Addlestone Library via the Web! Make an appointment here and they’ll arrange a pick up from their parking lot.

Don’t forget to register for classes for fall 2020! As of today, freshmen with 11-19 hours can register. On Tuesday, April 14th, all students are able to register! Click here for more information.

Are you a CofC student who needs assistance for food, housing, medical costs and other essential expenses? Apply for the COFC Student Emergency Fund today!

Share your stories with us

If you have a story you would like included in a newsletter feel free to reach out to us via social media or email.

(HENDERSONAG@COFC.EDU)

We are here to help

Connect with us!

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