WHAT'S COOKIN'?  

Carrot Bacon

What You'll Need:

- 3 Large Carrots
- Vegetable Shaver
- Rapeseed Oil
- Garlic Powder
- Smoked Paprika
- Onion Powder

Cooking Instructions:

1. Shred carrots into thin or thick slices and place on a baking pan. Pre heat oven to 320 degrees F.
2. Combine 2 Tb of rapeseed oil, 1 Tsp garlic powder, 1 Tsp smoked paprika, 1 Tsp garlic powder into a mixing bowl. Brush over carrot strips or marinate for 2 minutes.
3. Bake for 15 minutes or until crispy.
4. Enjoy!
Times like these force us to pause and reflect on what is meant by essential. We are acutely aware of the importance of first responders, health professionals, public health professionals, virologists and epidemiologists, public works employees, grocery store employees, truck drivers and many more. We also have been reminded of the value of family, getting outside, gardening, and slowing down. Just like this pandemic has forced us to adapt in an effort to mitigate the effects of the virus, history has forced cultures to adapt in order to survive. Often these cultural impacts have been overlooked, seemingly naturally absorbed into the mainstream. However, culture and social connectedness are at the heart of society and as we come back together I think it is necessary to look at the essentials of what make us American.

African Influence: Notably relevant to us in South Carolina, African slaves brought over rice: a dominant agricultural crop. Fables, song, dance, fashion, and cuisine such as cornbread and okra also came from Africa. African culture is uniquely intertwined with Charleston through the Gullah culture.

Chinese Influence: In the 1800s Chinese immigrants came to the US during the gold rush. They were the main labor force for the construction of the Transcontinental Railroad. Instead, of assimilating they formed their own communities within cities forming large Chinatowns that bring the cuisine and culture of China. This video shows the unique story of an American-Chinese living in the Mississippi Delta.

Spanish people were part of the founding of the Americas and Hispanic culture has had a large influence on American culture ever since.

America has been called a melting pot because of its diversity. When fear creeps in it is easy to isolate and stick to what you know, but as we create a future for ourselves it's important to remember that diversity is the essential at the heart of America that makes us stronger and able to adapt to any situation.
DIVING INTO DIVERSITY

Zoom! Zoom! Zoom!

As we continue to trek through uncertain times and make way for a "New" norm, the Tech. industry is continuing to accommodate our ever daily changes. Zoom has been the new go to for students and administrators of all platforms. Click on the photo to see how inclusivity can be implemented in both the physical classroom and the virtual one.

NO STRESS CONNECTION

LEGOS!

What’s left to do? You’ve cleaned every room in your house, you’ve gone through your closet and discarded clothes and shoes that you haven’t worn in the last 2-3 years, and there is only so many times you can wash pollen off of your car before you realize that you are wrapped up in a rinse-wash-repeat war with the Spring season.

It’s time to break out the LEGOS! Pour them out of the box and get creative. You don’t have to be an engineer, home decorator, or architect, you simply need to have the ability to connect one LEGO to the other LEGO. That’s it!
INSIDE RURAL AMERICA

A TALE OF TWO GARDENS

It’s funny how one activity holds different meanings for different people. Read on to learn how two cousins from James Island stay connected to the land and how you can follow suit in your own way.

As one can guess, the James Island of today mirrors very little of its past. Once a largely agrarian community peppered by plots of family land, this densely-populated town affectionately known as “Jim Island,” has gradually transformed into a bustling borough of eclectic eateries and nifty shops. Though much has changed, some longtime residents are holding on to the farming tradition passed down through generations.

Meet Jo-Nathan Prioleau – a lifelong resident of James Island who grew up on Grimball Road. Prioleau, who began working in the fields when he was four years old, recalls working from sun-up to sun-down with other young relatives. Now 87, he still tends his share of the land passed down to him by way of his great-great grandfather James who purchased a large plot from the Grimball Family. James later bequeathed that land to his five children – one of whom was Jo-Nathan’s great grandmother.

Prioleau, who grows everything ranging from watermelon to kale, made the following points when asked what his vegetable garden means to him: (1) a point of pride as an African American who owns his own land and can share its yield with others, (2) a sense of worth and deep appreciation knowing the land came from his great great grandfather and (3) a way for him to hold on to his family legacy.

To learn more about heir’s property, click here.

They say, “You can take the boy out of the country but you can’t take the country out of the boy.” That certainly holds true for Barney Gailliard. A paternal cousin of Prioleau, Gailliard was born and raised on Grimball Road, as well. He left South Carolina to join the Air Force after high school. When he returned, years later, he settled in West Ashley. Now retired, he’s found a way to stay connected to his rural roots by turning his backyard into a vegetable garden. Similar to Prioleau, Gailliard worked in the fields with siblings and extended family members from age five to 18. Unlike Prioleau, farming was something Gailliard had to grow to love. Now, he considers it a hobby and a form of meditation. In his garden, Gailliard grows eggplant, sweet potatoes, zucchini, yellow squash, watermelon and okra. When asked what his garden means to him, he largely describes it as a constant source of life lessons such as: (1) patience, (2) work ethic and (3) perseverance.

To learn the basics of setting up a home garden, click here.
COFC IN THE KNOW

A VIRTUAL GET-AWAY: COLLEGE OF CHARLESTON 250TH ANNIVERSARY TOUR

Have you taken a virtual tour? Well, the College has its very own historical tour—a tour where the FULL story is told. Our campus is a living memorial filled with historic sites and remarkable spaces where skilled leaders, carpenters, and artisans engraved their legacies. This is a great time to take a virtual tour of our campus’ fuller history through the College of Charleston’s 250th Anniversary Tour. Below are a few of the spots on the virtual tour.

SHARE YOUR STORIES!

If you have a story you would like included in a newsletter feel free to reach out to us via social media or email. (hendersonag@cofc.edu)

CONNECT WITH US!

oid@cofc.edu @CofC_Diversity @cofc_diversity @cofcdiversity